

Notices.

In consequence of innumerable complaints, we would advise our readers in provincial towns to order their NURSING RECORD through Messrs. Smith & Son's Bookstall at the Railway Station. In case they have any difficulty in obtaining it in this manner each week, we shall be glad if they will write a post card to the Manager, at our Offices.

Copies of the NURSING RECORD are always on sale at 269, Regent Street, price 1d. As this address is close to Oxford Circus, it will be found a Central Depot.

Comments and Replies.

Mrs. Williams, Halifax—The forthcoming International Council of Women to be held in London next June is already arousing extreme interest. It will be a unique opportunity for hearing the views of women of all nations, and much good should result from it. We should advise you to become a member of the National Union of Women Workers, which is the National Council of this country. The minimum subscription is 5s. a year. It should be sent to the Hon. Treasurer, Mrs. Goodeve, Drinagh, Stoke Bishop, Bristol; or to Miss Janes, Secretary, National Union of Women Workers, 59, Berners Street, W.

Country Matron.—We think the Matrons' Council would meet your need as one of its objects is "to enable members to take counsel together upon matters affecting their profession." The life of a Matron is necessarily a very isolated one, especially in country towns where there is only one hospital. The Members of the Matrons' Council find the greatest pleasure and profit in the quarterly meetings. It is almost impossible for Matrons in any other way to obtain the opinion of their colleagues on difficult professional questions.

Intending Probationer.—By all means attend lectures on Cookery, and make yourself practically efficient in the art. You will find the knowledge of very great value to you in your nursing career.

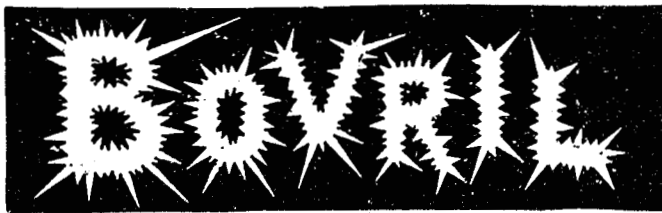
Ignoramus.—You would do well to accumulate gradually a nursing library of your own. You will find it most useful to have books for reference to hand. A useful list of books for a nurse's reference library is given in "Nursing" by Isabel Hampton.

Would be Probationer.—We should advise you to obtain the "Nursing Directory," and study the regulations of the various hospitals, and then write to the Matron of any institution which you think you would like to enter, asking for a personal interview. The "Nursing Directory" may be obtained from the offices of the NURSING RECORD, 11, Adam Street, Strand, price 5s.

Miss James, Leamington.—It is inadvisable to enter any institution where a three years' certificate is not given, as you will find yourself disqualified for many appointments when you have completed your training, if you have not such a certificate.

Private Nurse.—An egg flip is not only nourishing but stimulating, and the latter property is increased by the addition of crushed ice. It is made by beating up a fresh egg, and adding milk, till a tumbler is three parts full, blending the two thoroughly together. Then add half-an-ounce of good brandy. It may be placed in an ice box for a few minutes to get thoroughly cold, and crushed ice is added just before serving. The most satisfactory way of crushing the ice is to place it in a clean cloth after washing it, and either beat it on a flat stone or pound it with a flat iron.

Certificated Nurse.—You can obtain midwifery training either by entering one of the Lying-in Hospitals or a well-organised Workhouse Infirmary, or as private pupil to a midwife who has a good practice. In any case it is most desirable to obtain the certificate of the London Obstetrical Society, as this being a public examining body, the prestige of its certificate is greater than that of any individual institution.



Weakly Children.

Delicate, backward children derive the greatest benefit from this delicious liquid food. Bovril is acceptable to the weakest stomach. It rapidly enriches the blood, makes brain, bone and muscle, and permanently strengthens the constitution.

PALMISTRY MADE EASY,

OR

Hand Reading for Beginners.

BY

M. J. CHAPMAN.

Price 1s. 6d. Post free 1s. 8d.

"THE NURSING RECORD," 11, ADAM STREET, STRAND, W.C.

LECTURES TO NURSES ON ANTISEPTICS IN SURGERY.

BY

STANMORE BISHOP,

F.R.C.S. Eng., Hon. Surgeon, Ancoats Hosp., Manchester

Price 2s. Post free 2s. 3d.

"THE NURSING RECORD," 11, ADAM STREET, STRAND, W.C.

[previous page](#)

[next page](#)